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CONTENTS

1. EDITORIAL	: 1
2. KINGAIHDAM TUAHNA LAMPI A PAIKHAWM	: 3
3. LOS ANGELS, CALIFORNIA MEIKANG APAT NGAIHTUAHNA	: 7
4. KHAMTHEIH LEH KHANGTHAKTE	: 10
5. BIBLE STUDY	: 15
6. GAMMIAL AW	: 23
7. DORCAS CORNER	: 28
8. YOUTH CORNER	: 30
9. MUSIC CORNER	: 32
10. EBC INNSUNG THU	: 34
11. DOTNA LEH DAWNNA	: 36
12. ORDAIN SUNNA	: 37
13. KIPATHU GENNA LEH THUMNA DINGTE	: 39

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*Thusuah sung-a kigente
Evangelical Baptist Convention
Saptuam ngaihdan a hikim kholkei.
Thusuahte'n amau thusuah ah moh a
pawtek ding uh.*

ETCHET DING LAMPI LEH ETCHETNA DING DIK

Mimal hi in pawl hitaleh, khalam vai hi in salam vai hitaleh ‘ahun dungzui a ki-etchetna neihzel hoih ahi’ chih khenlam ah thil poimoh banah a loutheilou ahi. Huai mah Toupa’n a mite hih dia adeihdan ahi chih Laisiangthou ah a theihtheih hi.

Huchi ahihlai in, i etchet ding leh etchetna dik poimoh mahmah hi. Sawltak Paul in “nou na hon ettelna uh leh mihing ngaihtuahna a na hon ettelna uh kei a ding in thil neuchik ahi” chi a, *“keimah leng ka ki-entel ngei tuan kei”* chi in behlap lai hi! (1 Kor 4:3,4) Hiai a Paul in a gen ki-etchet louh ding chih sang in mihing etna a ki-et hunlou ahih dan gen hi in i thei hi. Paul laithonte apan in a mimal hinna leh a nasep etchetna, huai leng a diklou a etna tam mahmah hi ding in a muhtheih hi. “Mihing ngaihtuahna a na hon ettelna uh” chi a agen in, Pathian chih dan hilou a mihing etna leh etdan diklou na-om mahmah ahi chih muhtheih in a om hi. Hiai bang a enkha leng a om theih a, hiai bang a ente etna pen akan-aval a poimohngaih leng om khaktheih mahmah ding hi.

Paul in etchetna dikloupi a amau leh a nasepnate uh ente a genkawm in etchetna toh kisai a Pathian deihdan a taklat thupi in manpha mahmah hi.

Khenkhat amau kiphatte lak ah ka kisimkhawm ngam kei ua, amau toh leng ka kitehpih ngam sam kei uhi. Himahleh amau zaw amau leh amau kiteh in amau leh amau kitehpih in lungsim neilou in a om uhi. Kou zaw Pathian hon tehna val in ka ki-uangsak kei ding ua, mohpuakna ahon piak bangzel in ka ki-uangsak zaw ding uhi, noumau ngei leng huai mohpuakna in hon huamkhak na hi uhi. Ka thuneih phaklouna ding tantan uh hong uk hilou in, Khrist Tanchinhoih gen in na khua ua tam in ka hongpai uhi (2 Kor 10:12-14).

Paul laithon apan in etchet ding leh etchetna ding dik leh diklou om ahihna kilang hi. Hiai theihkhelhna in, Pathian

etna dan hilou a, mihing dan a en a, awmlou pi a mahni ki-otsak hiam kingaihsiat ahihkeileh mi mawk-phat leh mi mawk-mohsak omthei ding ahi, chih kilang hi.

Tukum thupi i lakna Kahlate gelhtu hi a i theih Zawlnei Jeremia in etchet ding lampi a gen chiang in, Pathian deihdan apan en in huai apan a pialnate gen hi (Jer 2:13, 6:16; 7:3-5). Paunakte 14:12 in *“Mihing a dia lampi dik a kilawm a-om a, himahleh huai tawpna sihna lampite ahi”* ana chi hial hi! Huaiziak in *“nangmah theihciamna ah kinga ke’n”* (Pau 3:5) chi in, Toupa deihna sung a ki-etchet poimoh hi. Paul in *“Pathian in hon tehna”* achih in gennei in poimoh mahmah hi.

Hiai ban ah, etchetna dik a dia poimoh Paul laigelh sung ah, *“mohpuakna a hon piak bangzel in,”* *“huai mohpuakna in...huamkhak”* ahihkeileh *“ka thuneih phaklouna ding tantan uh”* chih in mohpuakna in a huam sung leh thuneihna polam chih leng om ahi chih genchiang mahmah hi. Hiai mah etchetna dik neihna ding in a loutheilou ahi hi. Abik in, Pathian saptuam kem a nasepna ah, Toupa’n mohpuakna a hon piak leh huai in a huamkhak thuneihna gamgi leh huaite polam theih poimoh mahmah ahi chih a chiang hi.

“I lampite enchian ni” chih thupi a neihna ah, i etchet ding lampi leh i etchetna ding Toupa deihdan pansan leh mohpuakna hon piak sung a i et poimoh mahmah ding hi. ■

KIPAHTHU GENNA:

Tg.Thangdawnglian s/o T/Upa K Laithansiam, Teikhang EBCC in Assam Regiment a sepna a muh November kha a lawh lak masak pen Pathian kiangah kipahtu genna leh biakna thilpiak in Teikhang EBCC ah hon pia a, kipahhuai mahmah hi. Saptuamte ka kipahna uh hiai Khristian Thukizakna ah ka hon taklang hi. Maban a kalsuan zelna leh a sepna ding ah Pathian vualzawlna leh ompihna tang a chidamtak leh lohchingtak a hon sepzom theih ka deihsak uh leh ka thumna uh ahi.

- **Upa Ginkhup Guite**, *Secretary TBUC, EBCC Teikhang* ■

KINGAIHDAM TUAHNA LAMPI A PAIKHAWM

- Pastor Dr. Tunson Tunglut, *EBCC Dorcas Veng*

Thupatna: Pathian in ei hihtheih vualloh a hon hihsak a, ahon piak, en midang piaksawn theih chih bang tuh nak hamphathuai lotel ahi. Huaiziak in Pathian in a Tapa Jesu tungtawn a ngaihdamna ahon piak enleng i mihinpihte kiang a i piaksawn ding uh ahi, huai in gingtu hinkhua tawldamsak hi. Huaiziak in Kingaihdam tuahna lampi a i paikhawm theihna ding in Laisiangthou in a hon kawkmuh tampi omte lak ah bangzahhiamte ka hon telkhia a, huaite akipan in sinlai bangzahhiam sinkhawm zualleng chi in ka hon luikhia hi.

1. THUKHUNLUI A PAN.

1.1 Pathian Toh Tonkhawm

(Paikhawm):

Kingaihdam tuahna lampi a paikhawm mi hi ding in ngaihdamna pepa Pathian toh hinkhua a i tonkhawm a i paikhawm theih ding a poimoh masa hi. Pathian in mihing a bawl in, a kithuahpih ding leh a tonkhawmpih theih ding a a bawl ahi. Huaiziak in Eden huan ah Pathian in a mihing bawlte toh va vakkhawm zel uh ahi chih Laisiangthou sutsiamte sutdan ahi. Tuabang in Pathian toh tonkhawm a ahinkhua etton tham a ana zang Enok leh Noah Laisiangthou ah i mu uhi. Enok bang a gingtute laktouh (rapture) a i om dingdan uh

chepkholhna ahi a chi ua, Noah leh a inkuante pen Pathian in hiai leitung a thangpaihna a sunbuak chiang a Israel namte Pathian thangpaihna a kipan a hutkhiak a aom dingdan uh etsakna ahi, chi in Laisiangthou sutsiamte khenkhat in a sut uhi. Hiai atung a i gente leng ginna ziak a etton ding a ana om uh ahi chih Laisiangthou hon hilh dan ahi nawn hi, (Heb. 11:5,6,7). Gen. 3:8 “Toupa Pathian, nitaklam ninem a huan a vak thawmging a za ua; Adam leh azi in huan a sing lak ah Toupa Pathian ana kibuksan uhi.”

Enok Gen. 5:22: “Methuselah a neih nung in Enok kum zathum sung Pathian toh a tonkhawm ua, tanute leh tapate anei lai hi.

(Gen.5:24) “Pathian toh Enok a tonkhawm ua, amah a omta kei a; Pathian in a lata hi.

Noah Gen. 6:9: “Noah midik ahi a, adam tonpihte lak ah gensiatbei ahi a; Pathian toh Noah a tonkhawm uhi.”

1.2 Unau A Kingaihdam Tuah: Kingaihdamtuahna lampi a i paikhawm theihna ding in, Laisiangthou apam in u-le-nau kikal a kingaihdamtuahna nei bangzahhiam i mu thei uhi. Thukhun Lui a ginna a mihangsante hinkhua a kipan a i muhtheihte Esau leh Jakob te unau leh Joseph in a unaute a ngaihdamna ahi. Amaute ginna a mihangsan himahleh uh, unau kal ah kisoisakna, engbawlina leh kihazattuahna lian mahmah hi. Huchibang siatna a kibual unaute himahle uh, Pathian a hon belh ziak un, a kingaihdamtuahna uh tungtawn in sinlai lianpi i nei uhi.

Esau leh Jakob Kingaihdam uh Gen.33: 1-16: “Huan, Esau amah kipahpih ding in a tai a, a pom a, a ngawng a kun in, a tawp a: huan, a kap khawm uhi” (t.4). Kingaihdam tuahna

ah kalsuan khawm theihna, tonkhawm theihna a om ahi.

Joseph in a Sanggamte a Ngaidam Gen.45:1-15: Joseph in a unaute kiang ah “hiailai a pai ding a na hon khot ziak un lungkham kei unla, kihehkhum kei un: mite hinna hondam ding in Pathian in na ma ua honna sawl masa ahi.” Hiai bang a Joseph in a unaute a ngaihdamtak ziak in, a tonkhawm thei ua, a tengkhawm thei uhi.

2. THUKHUN THAK APAN:

2.1 Jesu tungtawn a Ngaihdamna: Sawltak Paul in Kolosa saptuamte kiang ah hichi in ana gen hi. “I tateleknatengteng hon ngaidam a, batna lai thupiak a gelh i tung ua om eimah hon dou gige tuh a thaimangta ngal a; huai ngei tuh Kros ah a kilhlum in alakheta hi. (Kol.2:14) Adam masa tungtawn a khelhna i neih tengteng Adam nihna in ginna tungtawn in hon sawpsiangsak vilvel ahi zel hi. Thupil khat in, “Midangte ngaihdam didan na theih leh, hiai leitung ah hin dingdan theikhia na hipan hi, (“If you forgive, you’ve learnt how to live in this World”) Huaiziak in hinkhua ah kingaihdamtuahna

lou in mihingte kigenthei mahmah ding hi.

Simon Peter in Jesu kiang ah unaute bangzahvei ngaihdam ding chih thu dong hi. “Toupa, ka unau in bangzahvei ahia ka tung ah khial leh ka ngaihdam ding? Sagihvei tan ahi diam? chi a adot leh, Jesu’n a kiang ah, “Sagihvei tan in k’on chi kei, sagihvei mun sawmsagih tan in, k’on chizaw ahi.”

Hiai tegel kihouna in hon sinsak poimoh mahmah om hi. Huai tuh; kingaihdam tuahna tampi i poimoh uh chihna ahi. Aziak tuh, hiai leitung a, unaute toh i tonkhawmna ah, kisuk-het, kitou het khakna tuamtuam om tham ding ahi. Himahleh, huai hunte ah leng, bikhiah omlou a ngaihdamna damdawi i nek zihzeh uh ngai ding chihna ahi. Huaiziak in i mihinpihte toh kingaihdamtuahna lampi a i paikhawm ut leh hiai ngaihdamna damdawi ip lianpi a i kuah ngai ding hi. Pathian saptuamte i kepna uah, Department tuamtuam in i om khawm tiltel uhi. TBUC, TBMC, TBDC, TBYF, TBCD chihte Saptuam kepna a i paikhawm zelna uah, ngaihdan kibang gige lou a, hatdan leh hatlough

dan chiat leng i nei uhi. Huaite tengteng a kingaidam tuah a kal i suankhawm zel theihna ding in, kingaihdam tuahna damdawi i nek gige uh angai hi.

Sawltak Paul in Ephesa saptuam mite leh makaite a thuhilhna ah hichi in kingaihdam tuahna zat dingdan gen hi, “Huan, kihehpih chiat a lainatna nei in om unla, Pathian in Khrist a ahon ngaihdamtak bang in, noumau leng kingaidam tuah chiat un.” (Eph.4:32)

2.2 Ngaihdamna *tangkha:*

Zakai insung a hotdamna ahong tuntak in, midangte ahon huailut pah mahmah uhi. “Ngai in, Toupa, ka sum kimkhat tagahte kiang ah ka pe ding a; huan, kua lak ah leng thil bangpeuh na neguta leng, a leh li in ka din ding,” (Luke 19:8) ana chi hi. Zakai in Pathian ngaihdamna a tankhak pen midangten a theihpih pah uhi, aman apiaksawn ngam pah ziak in. Tua ngaihdamna in kimelmakna a beisak chih Sawltak Paul in Ephesa saptuamte kiang ah hichi in gen hi. “Huan kros ziak a nihte tuh pumpi khat a Pathian toh hon kilemsak theih a, kimelmakna a beisak theihna di’n,” (Eph.2:16)

Melma neilou a om kan a nopzaw a omkei. Hiai kros ziaak a Pathian ngaihdamna ana tangkhaten midangte a melma et kei ua, nidang a gamlapi a omte leh naichik a omte, Khrist ziaak in a hon gawmta hi.

THUKHITNA:

Kingaihdamtuahna lampi a tonkhawm i hihtheihna ding in hiai anuai a bang in panla le hang ahoih ding hi:

1. A sawmtu i hih ding ahi: Amos 3:3 “A sawm kei un mi nih a paikhawm ding ua hia?” ana chih bang in, Pathian ngaihdamna tangkhaten, midang toh tonkhawm theih dingdan lampi i sawm uh angai hi. Midang toh i tonkhawm theih chiang in Pathian deihdan zuikha i hipan ding uh hi. Sam gelhtu in hichi in ana gen hi, “Ngai un unaute, kituak diamdiam a omkhawm (tonkhawm) anak hoih in a nuam mahmah ahi” (Sam 133:1). Nak hoih leh nuam mahmah vuak hilou in, huai ah Toupa’n vualzawlana thu apia, khantawn a hinna ding ngei, ana chilai hi.

2. A zuitu leng hih ding ahi: Kingaihdam tuahna lou in,

kalsuan khawm theih ahi kei hi. Ginna lampi nuam leh haksa i totkhawm lai in, simmohna leh engbawlana leng i tuakkha ding hi. Huai hun chiang in Jesu hon sinsak kingaihdamna zuitu leng i hih ngeingei ding ahi. “Ka tung ua khialte ka ngaihdam bang un, nang leng ka khelhna uh hon ngaidam in.” Mi tateleknate uh na ngaihdam uleh, na Pa uh van a om inleng hon ngaidam sam ding hi,” (Matt.6:12, 14-15).

3. Laisiangthou: Abul a i gen, Laisiangthou Thukhun Lui leh Thukhun Thak ah Pathian toh tonkhawm Enok leh Noah hinkhua a i muh leh unaute toh tonkhawm theih ding dan Jakobte unau leh Joseph apan in i sin uhi. Huan Pathian toh i tonkhawm theihna ding in Jesu Khrist tungtawn a kingaihdam tuahna pen a vanzat thupipen ahi chih leng i mu hi. Huai bang a Laisiangthou hon sinsakna i zuih ding poimoh mahmah hi.

India Independence Day ah suahtakna i lawm ua, Republic Day a mipi kivaipuakna Indian Constitution i lawm uhi. Tua India kivaihawmna bupi toh kituak a vaihawm thei ding mi i tel ua, tua i telkhiakte un hiai Dan bupi bangbang a vai

ahawm chiang un i kipahpih a, Dan bupi a zuihlouh chiang un hihkhial i chi uhi.

Tuabang in, Pathian in i kivaipuakna ding in Laisiangthou hon pia hi. Tua Laisiangthou toh kituak a Saptuam in vai ahawm chiang in a khial ngei kei hi. Himahleh hiai Danbupi toh kituaklou a vaihawmna, kepna a hon neih chiang in a hihkhial i chi zel uhi.

Nang leh kei, Pathian in Jesu Khrist i ginna tungtawn in mahni kisiamputna,

hamphatna ahon pia a, ipaiding dan Laisiangthou tungtawn in a hon hilh hi. Huaiziak in, Laisiangthou deihdan a i pai leh kingaihdamtuah na lampi ah i tonkhawm in, i paikhawm thei diamdiam ding uhi. Nidanglai a Pathian in a mite ana vaihawm khum dan Theocracy i chih uh hiai ahi. Pathian in a deihdan Laisiangthou tungtawn in hon genta, huai i zuih leh Pathian i kumpi a zang leh i vaihawmtu a nei i hiding uhi. Nang Jesu Khrist na Hondampa leh Kumpipa ding in na neita hia? ■

LOS ANGELS, CALIFORNIA MEIKANG APAT NGAIHTUAHNA

- Upa Thangzalun Khuotong, Central Delhi.

India a tulel a States 28 leh UT 8 i neih bang un, United States of America (USA) tuh State tuamtuum 50 kigawm in a bawl ahi. USA tuh khawvel pumpi a gam hausa leh thuneipen, a President peuhmah uh le khovel a mi thupi leh thilhihthei pen ahi sek hi. Tulel a President uh Donald J. Trump bang Nov 5, 2024 a telching ahih phet a charge January 20, 2025 a a lak ma na ngawn in leng khovel a khawng/liing khin hi. January 20, 2025 a president hihna hon lak ni ngial in tuh Executive Order 26 ngut suah zungzung a huai in USA gamsung mahmah leh khovel pumpi liingsak zungzung mai hi.

USA gam a State 50 lak ah California tuh State khat ahi. California state ah (India a

District i chih uh toh kibang deuh in) County kichi 58 ngut om a huai lak a Los Angeles

county kia maimai le USA a state dang 40 a milip toh kikim thei tazen hi. USA a dia mi tamna pen State ahi a mi tamdan tuh Canada gambup a mi omzah sang in tamzaw uhi. Los Angeles khopi min lakkhiatna, Spanish pau a El Pueblo de Nuestra Señora la Reina de los Angeles del Río de Porciúncula ("The Village of Our Lady, the Queen of the Angels of the River of Porziuncola") ahi. California tuh State hausa mahmah ahi a, USA gam pumpi hilou in amau vuak in ding hile uh leng khovel pumpi a gam hausa 5na (5th Largest economy) hiphad ding uhi.

LOS ANGELES A GAMKANG HUAI SIA : I theih leh i muhchiat bang un USA khangthu a dia meikang huaisepen hiding in January 7, 2025 in Los Angeles khopi leh a kimkot ah meikuang thupi mahmah piang hi. A thupi diahte ahiehleh:

Palisades Fire: Hiai meikuang in mi hausa leh Bollywood a limchingtu hausa taktakte omna veng Pacific Palisades leh Malibu lak nawk in kangsia hi.

Eaton Fire: Hiai in mi thupite omna veng Altadena and Pasadena lak nawk hi.

Hiai meikang anasat luat ziaik in khakhat phial sung bang mei phelhitna ding in sual hial uhi. Hiai meikang video khawng a i muh leh Sodom leh Gomorrah khua kat lai bang phawkhuai hial hi. Hiai meikang ah in mihing 29 in a hinna tan ua, mi 31 a omna uh kitheilou hi. Gam a suksiat = 48, 249 hectares (197 square kilometres), Inn kangsia - 17,711, mi Lakh 2 vaal a omna uapat puakkhiat ngai leh a dang tampi haksatna tampi toh omlel uhi. A kangsia asum in (Total economic damage) US dollar 275 billion bang phazou ding in tuat uhi.

GINGTUTE KHALAM: A lamdang mahmah leh kizom pha phial hiam chi a mi tampi ngaihtuahna a om ahiehleh tua a tung a i gen meikang thupi tunma ninih ni January 5, 2025 zan in Beverly Hilton, Beverly Hills, California ah a 82veina Annual Golden Globe 2025 zat in om hi. Hiai hun ah Lia Nikki Glaser host in pang hi. Lia Nikhil Glaser ahiehleh June 1, 1984 a piang ahia, programme

lianpipi Hosttu in pangsek a, tua 2025 Golden Globe Awards a pan khah nungak amah kia a Gloden Globes a panpatna hi hi. Hiai nitak a Awards/ Pahtawina ngah teng in a lohchinna ziauh a nuai a bang dan in lem uhi.

1. Casts and Crew = 11
2. Moms = 3
3. Mario Lopez = 1
4. God = 0 (Zero)

Meikang hong kipat zoh in hiai award program hong viral a, a bik in host nu in lohchingte lohchinna ziahte – lawm-le-vualte, nute ziauh, himahleh khovel bawltu Pathian - Zero chih a gen in nui zuazua uhi. Hiai a lohchinna ding un, khovel bawltu Pathian in bangmah pankhakna neilou ahi, ZERO ahi chi in, nui zuazua in Pathian nuizhat bawlkhum uhi. Huan ah kholai a placard tawite lak a mi lungsim lawng nawn tuh 'California does not need God' (California gam in Pathian poimohlou hi) chih ahi.

Himahleh Sam 14:1(53:1) ah, Mihai in a lungsim in "Pathian a omkei" a chi a, a kigawp khin ua, thil kihhuaitak ahiah ua; thil hoih hih a omkei uh. Bible ah, a biik a Paunakte ah mipil leh

mihai a hahgen mahmah hi. Bible a mihai a kichih Chiang in lungsim venglou lamte gen ahi kei a, himahleh kul leh poimoh kim kiningching a nei a Pathian tellou a leng a hinkhua zangthei kisate gen ahi. (Fool is one who is not mentally deficient, but self-sufficient and order his life as if there is no God or there is no need of God).

Hiai Los Angeles khopi a meikang thupi apat hiai Bible thute lungsim ah om mahmah:

Ekodus 20:7 "Toupa na Pathian min na mawk gen ding ahi kei; amin mawk genmi lah Toupa'n mohlou in a koih ngal kei a".

Galatiate 6:7. "Zekhem in om kei un; Pathian zaw khem a mawkbawl vual ahi kei." (Do not be deceived: God cannot be mocked).

1 Peter 5:6-7. Huaiziak in, a huntak a nou a hon pahtawi theihna di'n, Pathian khut hattak nuai ah kihihnam unla, Ama'n a hon limsak gige ziauh in na mangbatna tengteng uh amah tung ah nga vek un. (6Humble yourselves, therefore, under God's mighty hand, that he may lift you up

in due time. ⁷Cast all your anxiety on him because he cares for you.)

Thukhitna: Khovel i hinsung in i lohchin hun in thupina leh credit kua i pia ua? I nu-le-pa leh lawm-le-vual in le hon panpih kha mah un teh, himahleh lamzanna leh lohchinna omsaktu Pathian ziak ahi chih phawk poimoh mahmah hi. Huan ah, a tung a Bible tang i taklatte a pat in Pathian min mawkgen leh chiamnuih bawl khak

di pilvanhuai ahihdan hon musak mahmah hi. Gingtute kiphasak/kisatheitak a omna hinkhua nei ding hilou in kiniamkhiatna hinkhua nei zaw dingte i hi. Kiphatsakna pen leitung a thil lauhuai mahmah ahihdan tel mahmah ni. Pathian in thupha hong piak ziak a hing leh dam i hi a hithei kisa mah lehang Pathian lou a hithei gige lou i hihdan phawkhuai mahmah hi, i theihlouhkal a Pathian mitmuh a mihai ana kihireng/hihkhak theih hi. ■

KHAMTHEIH LEH KHANGTHAKTE

~ Pastor Chinkhengoupau Buansing

Tangval nou kum 19 mi ahi a, bangchidan a nang lampi kiang a giak maimah? chi a ka dotleh, “Kou khua ah khamtheih muh haksalua a, khamtheih hihdia Lamka a hongpai ka hi” chi in hon dawng hi. Khamtheih hih di a om nakleh, innlum a giah sang in lampi gei a giah telzaw hi. Kum 13 khawng ahih apan khamtheih hihpanta a, Pawl Sawm zoulou in skul kai tawpsan hi. A maban ding i ngaihtuhsak chiang in mial mahmah hi. Amah bang a khamtheih ziak a hinkhua kisegawp khangthak tampi om ding hi. Tampi ombeh lai ding ahi. Amaute a di'n lametna a omlai diam? A omlai, himahleh lampi haksatak ahi! Hiai laigelh tungtawn in khovel leh i gam bik a khamtheih leh khangthakte dinmun saulou in i en ding a, panlak theihdan saulou toh i zou ding.

United Nations Office on Drugs and Crime in a suina apan in

khovel pumpi a khamtheih hih million 296 lak khawng

ahi ahi a, 2011 a toh etkak in 23% in khangzou hi. Khovel in khamtheih hihziak a haksatna tuakte a enkai zou hetkei hi. Etkai ding a poimoh masa a koih leng a hikei uhi. Kum 2016-2020 kikal in khangnou kum 13-15 te lak ah khamtheih hih pung hat mahmah kichi hi. Lungsim lam damlounha tamtakte khamtheih hihziak a hong kipan ahi chi in leng gen uhi. Tuabang ahihman in, khangthakte lak ah mahni hinna kilak tam deuhdeuh mai hi. Khangnou lai a khamtheih hihte a laitheihna uh nasatak a kiam ahi kichi a, tuaziak mah ahiding a khangnou tamtakte'n skul kai tawpsan uhi.

Khamtheih buaina khovel pumpi buaina ahi. Khamtheih douzou gam a omkei chi lehang i genkhial kei ding hi. Khamtheih Dan khauhna penpen a kigen Singapore ah leng khamtheih chikim kimu thou chi uhi. Doudal sangmah in, gam tamtak in sumzonna in zang uhi. Gam tampi in Nganja zat phalna Dan a neita uhi. Zu ahihleh gam tamzaw ah zalentak a kizuak ahi hi. Khamtheih bawl khawlsan sangmahin

a zatthak chi tuamtuam bawlkhiat behlai uhi. No.4 chi deuhte a kibawltawm tampi khovel ah omta hi. Tulel a, khamtheih ngawlna dia kizang damdawite leng No. 4 chi (opioid) ngen ahi. Tuabang ahihman in, khamtheih in khangthakte nasa zawsem a hon nawk ding ahi, chih muhkholh theih hi.

Lamka a khamtheih toh kisai a khangnoute dinmun *Nest* in kum 2024 in suina kiteltak nei uhi. Skul naupang Pawl Sagih apan Pawl Sawm kikalte lak ah dotna tuamtuam pansan in sui uhi. Naupang 679 kihelte lak ah 420 in khamtheih (tep leh muam tel in) hihkha ngei chi uhi. Kum 2023, buai kipat kum, in khamtheih hihthak pung hatpen in suikhia uh a, Pawl Sagih leh Pawl Giatte lak ah kipanthatk tampen ahihdan mukhia uhi. Nidang in khamtheih No. 4 leh damdawi tangathangpen ahi a, tu in bela tepthoh Brown Sugar, Nganja, leh WY chihte thangpen ahihdan mukhia uhi. Tuate ban ah, khangnou khamtheih hihte a tamzawtham inkuan haksa leh buai apan ahi uhi. Khangnou tamzawte'n nopsakna leh lawmte toh

kithuahtheihna ding lunggulh
ziak a hihkha ahihdan uh
gen uhi. Hiai suina sung ah
thu kipahhuai leh lametna
lianpi honpia thu a om hi:
khangnou bangzahhiamte'n
Toupa Jesu toh zohlouh ding
bangmah omlou hi; Toupa
Jesu ah suahtakna om ahi
chi in khamtheih sal apan
suahtakna ana ngakhin uhi.

Atung a i gelhte pansan
in khangthakte dinmun
chiangtak muhtheih a om
hi. Ahi, khangthakte lak
ah khamtheih ngolvei tam
deuhdeuh ahihdan mit a i
muhsa ahi. Khovel pumpi ah,
Covid kum in khangnoute
lak ah khamtheih hih pung
hat mahmah ahihdan i mu
a, Lamka ah buai kum (2023)
in khamtheih hih punghat
mahmah ahihdan leng i mu
hi. Buaina leh haksatna in
khangnoute Pathian lam a
kaih sang in khamtheih lam
ah pizaw chihna ahi diam?
Lungnopna di leh khamuanna
di a zonna uah khamtheih toh
kituakkha uh ahidiam? Adiak
in tulai khangthakte'n "ginna"
kichi a "ziak" hoihtak omlou in
gingta theilou uhi. Pathian in
hon it ahihleh ka haksatnate
bangziak a beisaklou hiam?

chih khangthakte dotna khat
ahi. Pathian apan a lamette uh
khamtheih ah mu kisa ahingei
ding uh. Tua banah, khamtheih
hoihlouhdan theisa ngen ahi
uhi, himahleh, a hoihlouhna
kigente'n a hoihna hi a a
theihte uh khupzoulou ahiding
hi. Tuabang ahihman in, tulai
khangthakte' khamtheih
hihdan a tuam mahmah hi.
Huchi ahihlai in, ngolveina
tan ahong tunchiang in a
kibangvek zel hi. Khamtheih
toh kisai khangthakte lak ah
sinsakdan tuamdeuh poimoh
ahingei ding. A lauhuaina leh
hoihlouhnate gentam sang
in khamtheih tungtawn a a
lunggulhte uh muhtheihna
"Lampi" dang kawkmuh
lehang i masawn zaw ding.

French Philosopher Blaise
Pascal in a thugelh khat tulai
khangthakte toh kituak ka sa
mahmah hi: *There is a God-
shaped vacuum in the heart
of each man which cannot be
satisfied by any created thing
but only by God the Creator,
made known through Jesus
Christ.* Adam pukna ziak a
mihing' bukim nawnlouhna,
kelhna a genna hi in ka la hi.
Mihing teng in khovel ah zon
khat i nei hi; bangziak a zon

khat nei i hi a? I sunglam ah bukimlou i hi chih theihna a omziak ahi. Mipil tampite'n mihing in a zon taktak zaw kipahna ahi achi uhi. Bangziak a kipahna zong i hia? Kipahna i neihlough ziak ahi. I bukimlounhna in kipahlounhna hinkhua a gakhia hi.

Tuabang ahihman in, mihing teng kipahna/nopsakna zong in hinkhua i zang uhi. Himahleh, Pascal gen bang in, bangmah in tua kipahna a hon pethei kei hi, aziakbel i sung a bukimlounhna pen Toupa Jesu kia in a hukdim theih ahihziak ahi. Khangthakte lakah tua i gen bukimlounhna/hawmna phawkna a lian mahmah hi. A kothaih uapan ahoihzaw leh a nuamzaw lunggulh ding in khovel in a zol hi. Buaina, haksatna leh thawmhaunate a tuah Chiang in hiai bukimlounhna phawkna a uang diak zel hi. A sung ua hawmna (void/vacuum) theisiamlou ahihman un a hukdimna ding in thil tuamtuam a chiam uhi. Khenkhat in social media a zang uh a, khenkhat in kimawlana tuamtuam, khenkhat in khamtheih a zang uhi. Kei theihsiamdan in, gitlough utziak a khamtheih

hih ahikei ua, a poimohpen uh a theihsiamlouh ziak ua khamtheih a lutkha ahizaw uhi.

Toupa Jesu ahi a bukimlounhna uh bukimlounhna omsun chih theisiam le uh a piangthak ngeingei ding uh. Samari numei in a hinna dinga tui a va tawi bang in, mi tampite'n kipahna lamem in khamtheih a hih uhi. Samari numei in Toupa Jesu a tuak a, Toupa Jesu'n dangtak ngei nawnlounhna ding Tuihing a theisak a, a pia hi. Khangthakte koi ah Toupa Jesu toh a kituak ding ua? Eite'n leng khangthakte lak ah bukimna Toupa Jesu, Hinna Tuihing leh Lampi Dik i theihsak ding uh ahi. Bangchi'n i theisak dia? I hinna tungtawn in, i itna tungtawn in, i thumna leh mel nih pel a kalsuanna tungtawn in.

Sawltak Paul in Efesate 6:12 ah *"I doute zaw sa leh sisan ahi kei ua, lalnate leh thuneihnate leh tu a om lel mial tunga khovel vaihawmte leh van munte a kha gilouhon omte ahi zaw uhi"* achi hi. Gingtu tamtakte'n khalam galdouna i nelhsiah ua, omlou tuk a

ngai bang leng i omkha ding uhi. Muhtheih tanlel a buai in muhtheihlouhte gingta theilou i banghial uhi. Gingtu' galdou khalam gal ahi. Setan a omtaktak a, dawih leh kaute a omtaktak uhi. Mihingte pianthaksak louh ding a tuppi pen uh ahi. Khamtheih tengteng setan vanzat ahi a, "Dawih thil" ahi uhi. Setan vanzatte lak a hiampen pawl ahingei ding. Dawih thil toh kizawlte bel dawih toh kizawl ahimai kei d'ua hia? Dawih bia a omtham a, amaute ading in pianthak a haksamahmah ding, dawih siampu leng a omtham a, amaute bang i haw mahmah ding unka gingta. Khamtheih hihte leh dawibete kilamdanna a omkei a, dawih siampute leh khamtheih zuakte kilamdanna a omkei hi.

Tuabang ahihman in, Toupa Jesu lou in suahtakna taktak a omkei hi. Khovel telsuimite'n khamtheih ngolveina apan suahtak taktakna a omkei a chi hial uhi. Himahleh eite'n zaw Toupa Jesu a suahtakna tak om ahihdan i mu uhi. Laisiangthou in setan pilkhel dan a genchiang mahmah hi. Gingtute'n khamtheih leh

dawih kizolhna i theihshiam ma khamtheih doudalna ah vuallel den ding i hi; setan in hiai gel i gawmlouh teitei na dinga panla ahihlam tuni in phawkkhe ni. Khangthakte' lak ah bangchi'n hiai thu i theishiamsak thei dia? Luke 8:26-39 sung ah Toupa Jesu'n dawih a hawlkhiatna thu i mu hi. Dawimat ahihlai in mipa vuaktang in hanmual ah a khosa hi, himahleh Toupa Jesu'n dawite a hawlkhiat khit in *puansilh in, lungsim ngeina pu in, Jesu khebul ah a tu chih i mu hi*. Khamtheih sal apan Toupa Jesu suahtaksak mite leng tuabang mah ahi uhi.

Khovel in hoihlam nawtlou ding ahihdan Laisiangthou in a gensa ahi. Tuabang ahihleh gingtute i hahpan semsem kul hi. Khang a kikhek chiang in nungchang, lungput leh ngaihdan leng kikhekzel hi. Tulai khangthakte leh a khangluizawte' lungput kibanglou ding chihna ahi. Tuabang ahihman in, nidanglai a kalsuandan leh tuhun a kalsuandan kibang gige theilou ding hi. Hiai thute vei leh puaknatna neite tengteng Toupa'n semkhe ngam leh semkhe zou ding in hon vualzawl hen. Amen! ■

BIBLE STUDY



Rev. Khamkhanchin Ngaihte, DS Singngat Division

Text : EPHESATE 6:21-24

Thupi : CHIBAI BUKNA NANUNG

INTRODUCTION: Kha masa in, khalam galphual a om gingtute' galvante leh a zat dingdan sinsakna thu i na sinkhawmta uhi. Paul hunlai pek apan in gingtute ading in khalam galdou ding ana om khin thamta. I sihma teng douding i nei ding hi. Tukha in ahihleh, Paul in a laikhak a zohna ana bawl bang in en leng i sinna zou ding i hita. Chibai bukna in a laithon apan a, chibai bukna/deihsak thukhah toh zohna abawl hi. Vualzawlna leh deihsakna kampau toh Paul in a laikhak zohna a bawl hi. Zohna bawldik i chih a bul patdik sang mah a le poimoh zaw ahi de aw chih in a om. Bangchi bang zohna (finishing) toh i Khristian hinkhua i zou de aw chih ngaihtuah huai ahi. "Hiai mi teng teng ginna nei in ana sita uh" (Heb 11:13) chih bang zohna lungkim huai mahmah ahi.

6:21: PAUL IN TAIKIKAS (Tychicus) EPHESATE KIANG A SAWLNA IN A TUP: A patna a thumal masa "himahleh" (but) kichi English Bibles KJV leh NKJV loungal ah zat hilou hi. "Now" chihbang, "So that" chih bang zat ahi a, a kawktuh a ziak, a san, genlatna ahi. Hiai laikhak Paul in Rome suangkul sung apan a a khak ahi. Huaiziak in, "bangchi bang in ka om hiam, ka tanchin na theih theihna ding un" chi a Taikikas tungtawn a hiai laithon khak ahi. Suangkul

tang ahih kawmkawm in bangtan hiam zalenna nei a, ava vehte khawng houlimpih thei ahihman in Ephesa saptuamte'n a dinmun a theih ua, a lunghimoh luat louh ding uh Paul in deih hiding hi. Ephesa saptuamte' awlmohna kia hilou in, Paul in ngei in leng a kep leh a phuhkhiak saptuamte a awlmoh leh phawkna kilang mahmah hi.

Taikikas kichi (Paul mi sawl, a laikhak pawtu), Nasepte 20:4; Kolossate 4:7; 2 Timothy 4:12;

Tita 3:12 ah leng genlat khak in om hi. Taikikas tuh “Toupa a unau deihtak” leh “nasempa muanhuai” chi a putlak in om hi. Enhuai hina e! Hiai bang pulakna in hon phawksak tuh hun paisa a Paul nasepna leh a haksat hun in Taikikas in ahihtheih bang a Paul ana hasuan a, ana huh ahi ngei ding hi. Ei gingtute, midangte lak ah hiai bang thute toh pulak in i om thei mah diam aw? Onesimas leng Paul in “unau deihtak” chiin a gen a (Kol 4:9, Phil. 16), Epaphras leng “nasemtu muanhuai” ana chi (Kol 1:7). Paul tanchinhoih genna nasepna a kuhkaltak leh muanhuaitak a ana seppihte ahihziak uh ahi.

“Bangkim ahon theisak ding” chih in Paul leh a dinmun toh kisai theih tuak omte Taikikas in hilh vek ding ahi chihna ahi. Paul in huai nna semding in Taikikas a muang mahmah chih a taklang hi.

6:22. TAIKIKAS SAWL AHIHNA ZIAK DANG: Ephesa saptuamte kiang a Paul in a muan mahmah Taikikas a sawlna in a tup masa ahihle Rome suangkul a Paul dinmun leh omdan diktak a theihna

ding uh ahi (v 21). A nihna ah, Paul tungtang thu dik a theih ua, khamuang a a om theihna ding uh ahi (v22). Taikikas in Paul laithon ava piak kia hilou in, amah mah in Paul toh kisai thil omdan dik va hilh thei ding ahihman in saptuamte ading in khamuanna ahi mahmah ding hi. Tang 21 ah “ka tanchin” achi a, tang 22 ah “ka tanchin uh” ahon chi hi. Hiai a “uh” (us) khat sang a tamzaw genna ahi. Hiai a Paul in thumal “uh” chih a zatna in suangkul a tanpih gingtu dangte genna ahihtheih ban ah, Rome khua a saptuamte a genna (amau toh a kipumkhatna uh taklatna) leng ahi thei veve hi.

6:23-24. VUALZAWLNA THUSAM: Paul in a chindan ngeina zui in vualzawlina kampau (benediction) toh a laikhak zohna bawl hi. Thupha piakna i chi hiam thumsakna leng achi theih hi. Hiai laikhak simtute lak a tung dia Paul in a deih poimoh mahmah thum hon gen a: lemna (peace), ginna (faith) leh itna (love) ahi.

Lemna/Muanna kichi Ephesa laikhak a thumal poimoh mahmah ahi. Gingtute’n Jesu Khrist sisan tungtawn a Pathian

naih thei i hihman un Jesu Khrist tuh i kilemna ahi chih Paul gen ot khat ahi (2:13-14). Huai kia hilou in, Juda gingtute leh Zentel gingtute kilemna tuh Jesu Khrist ahi. Huaiziak mah in, Paul in gingtute lemna tanchinhoih vanzat a khe ua bun a dingkip (kipumkhat gige) ding in hasuan hi (6:15).

Ginna i chih Jesu Khrist gintakna ahi. Ephesa saptuamte leh tuni a gingtute leng Jesu Khrist ginna tungtawn a Pathian toh kizopna nei i hihman un (1:13; 2:8) Paul in tua Khrist toh kizopna a khang semsem ding in gingtute hasuan hi (3:17-19). Khristian gal douna a vualzohna ding in leng ginna mah poimoh hi. Paul mah in “Douna hoih ka dou khinta, kitaitehna ah ka tai khinta, ginna ka lenkip paisuak ta” chiin ana gelhta hi (2 Tim 4:7). Huai ginna mah gingtute poimoh leh taksap ahi denlai hi. Huai ginna a khang sem ding in Paul in Ephesa a gingtute leh tulai gingtute hon hasuan hi.

“...ginna tel itna” (love with faith) chih “itna toh kithuah ginna” leng achih theih ding. 1 Korinth 13:13 ah Paul mah in ginna leh itna tuh Khristian itna diktak kichetna in ana zang hi.

Pianthakna diktak ah leng hiai tegel (ginna leh itna) a tellou thei kei hi. Gingtu hinkhua pichinna tehna ding a leng poimoh ahi tuak uhi. Hiaite mah a gingtute khang a pichin lam manoh ding in Paul in vualzawl hi.

Hiai thil thumte – *lemna, ginna, leh itna*- mihing a suak hilou in Pathian leh Jesu Khrist akipan ahi. Pathian vualzawlina kipatna ahi a, huaiziak in, Pathian in gingtute lemna, ginna leh itna a a vualzawl ding Paul in deihsak in ngetsak hi. “Unaute” chih Paul kammal deihtoh khat ahi gige. Saptuamte genna ahi a, a pianthak ma a naktak a a soisak, hihmanthat ana sawmte, a hong pianthak chiang in a muhdan kikheng in, “unaute” chi in sam hi.

Paul in a vualzawlina khupna in “hehpihna” thumal hon zang hi. Hiai mah tuh chibai bukna masa (1:2) ah leng zang khinta hi. Paul’ Pathian thu sutna (theology) ah hiai “hehpihna” laigil mahmah hi. Hiai a hehpihna kigen, mihing leh mihing kihehpihna hi lou in, mikhial in a phulouh Pathian’ hehpihna ahi a gen. Huai phulou hehpihna tuh

hunteng, a nuam a haksa a Jesu Khrist itte tengteng kiang a om den ding in Paul in vaulzawlna pia hi. A tul theilou itna toh Jesu Khrist itte lak ah i tel hia?

ZOHNA: A laikhak patna apan a zohna tan ah Paul in saptuamte a itna kilang den hi. Huai tuh, saptuam neipa Pathian a it mahmah ziak ahi. Tua zah dong a saptuamte itna, awlmohna, leh deihsakna I gam ah a kimulai hiam? I hinkhua nanung pen lam ah

Pathian itna, hehpihna leh Jesu Khrist a ginna genkhak leh muh in a omlai diam? Jesu Khrist hon itna apan bangmah in hon khen zou lou di ahihlai in, en Khrist i itna bang achi a? Bang bang in hon khensek a chihte kingaihtuah huai mahmah hi. Simtute, hiai khovel hun nanung ah i Toupa Jesu Khrist a tul theilou itna toh it gige thei ding khalam vualzawlna chiteng kipatna Pathian in hon vualzawl chiat hen!

Pastor Thuamminlian Guite

Text : Philippite 1:1-11

Thupi : KIPATHU GENNA LEH PHILIPPITE ADIA THUMSAKNA

Thupatna: Amasa in heutute' deihsakna tang in tukum April apan August kha tan (kha guk sung) Bible Study gelh ding a hamphatna piak in ka om hi. Hiai bang hamphatna ka tan thupi ka sa a, heutute tung ah kipathu ka gen hi. Hiai hun sung in Philippite kiang a laikhak sinkhawm le'ng chi in ka hon tel hi. Hun tomchik sung a Philippite laikhak pumpi etsuak sawm i hihman in, a tangte leh thumalte i suut detdet mankei ding a, tang tel sung apan in a gen nop, leh huai apan sinlai omte en ding in kisa le'ng chi i hi.

Chibaibukna (1:1-2):

*1Paul leh Timothi, Khrist Jesu sikhate'n, Philippi a om misiangthou tengteng leh heutute leh upate kiang ah:
2Hehpihna leh khamuanna i Pa*

Pathian leh Toupa Jesu Khrist a kipan na tung uah om hen.

Paul in a Missionary Khualzin Nihveina (AD 50-52) hun in Philippi khua pha in saptuam leng huai hun in dinkhia hi

(Nas. 16:11–40). Europe gam a ding in Tangthupha puanzakna masapen hiai hun a neih in om hi. Gingtu masapen ding in Lidia leh a innkuante'n baptisna tang uhi (Nas. 16:11–15). Paul in nungak kuahiam khat aisansiam a hiham hi. A pu' summuhna suksiat a a om ziak in Paul leh Sila-te suangkul ah tansak in om uhi. Himahleh, Pathian thihhih lamdang ziak in sungkul apan suahtaksak in om uhi. Huai hun ah suangkul vengpa leh a innkuante hotdam a om in, baptisna tang uhi (Nas. 16:16–40).

Kum 10 nung (AD 62) in Paul in Philippi saptuamte kiang ah, Rome a suangkul apan, laikhak khak hi. Philippite'n panpihna a piak uh leh a thuumsaknate uh ziak a kipahtu genna leh Epaphroditus, Timothy, leh ama' nasepte toh kisai hihna (update) ding in hiai laithon khak hi. Huchih kawm in, saptuamte awlmohna toh ginna a a khanna ding un hanthawanna thute gelhtel hi.

Laikhak ngeina bang in Paul in a khaktute' min in pan hi. Himahleh laikhak dangte toh kibang lou in Paul leh Timothy min tuansak in om hi. Timothy

bel a laikhak gelhtu (secretary) hi ding a gintak ahi. Paul in a laikhak dangte banglou in sawltak chih zanglou in sikha chih zang hi (cf. Rom 1:1). Mi khenkhat in, Paul in laikhak ah Timothy toh a kigenkhawmna ding in sikha chih thumal zang hi ding in gingta uhi. Himahleh, Paul in sikha chih kammal a zat in a kingaihniamna (cf. 2:1–11) leh a hinna leh a nna (ministry) neitu Khrist ahihdan gen nuam hizaw ding hi. Huailou in Jesu Khrist' nna sem ding a sit neilou a a kipiakna leh a laikhak pumpi Khrist thilhihtheihna a kinga ahihdan leng gen hithei hi.

Laikhak mite ahihleh Philippi a misiangthoute leh heutute leh Upate chih in om hi. Misiangthoute chih Thukhun Thak ah 39vei zat in om hi. Hiai thumal a kizatnate ah Jesu Khrist ginna ziak a sapkhiak a omte chihna ahi. Philippi a saptuamte genna ahi. Khelhna apan suahtaksak a omte leh Jesu Khrist tungtawn a siangthou hihna neite, huai tungtawn a siangthou hinkhua nei dia a lamette chihna ahi.

Ngeina bang in, Paul in Greekte'n chibaibukna a a zat tangpi

uh hehpihna leh Judate' chibaibukna khamuanna (lemna) zangkop gige hi. Hiai thumal nihte Paul in Khrist toh zom gige hi. Hiai in Jesu ginna ziak a hotdamtate' lak ah Greek leh Juda chih a kikhenna om nawnlou a, pumpi khat hihna leng ensak hi. Tua ahihman in, hehpihna i chih Chiang in Pathian apan a deihsakna Jesu' tungtawn a lahkhiak a om mihingte' tan vualloh genna in kizang hi. Huai bel, Pathian' lungkimna bang tang zoulou mikhialte tung a Pathian' hehpihna ahi. Khamuanna (Bible luite ah 'lemna') pen Hebrew thumal 'Shalom' toh kikim a ngaih ahihman in lemna sang in khamuanna zat hi ding in gintakhuai hi. Hehpihna in, Pathian in mihingte a itna lam gen a, khamuanna in huai hehpihna tungtawn a i tan (ngah) pen gen hi.

Kipathu Genna leh Thuumna (1:3-11):

3Noute ka hon theihgigena ah ka Pathian kiang ah kipathu ka genhi, 4navekuadinga kipaktak a thum a ka hon ngetsakna teng ah; 5ani masapen a pan tuni tanpha a tanchinhoih a na kithuahkhawmna ziak ua

kipak in. 6Hiai thil mahmah gingta ing; amah nou a nasep hoih panpan Jesu ni tanpha in azoukim vek ding hi. 7Na vek ua tungtang thu a, ken hichibang lungsim ka neih adik ahi, ka lungtang a ka hon neih ziak in; ka kolbutna leh tanchinhoih gupna leh hihkipna thu a hehpihna ka tanpihte na hi vek uhi. 8Khrist Jesu hehpihna nou ngingei ah nou ka hon ngai mahmah chih Pathian in ahon theihpih hi. 9Noute theihna leh theihkakna toh kithuah itna a na khan semsemna ding un ka thum hi. 10Huchi a thil hoihpen na dei ua, Khrist ni a siangthou leh dembei a na omtheihna ding uh leh, 11Pathian thupina leh pahtawina ding a, Jesu Khrist ziak a hong om dikna gahte na dimtheihna ding un.

Tang 3-5na sung ah, Tanchin Hoih khanna ding in Philippi-te'n kithuahkhawmna a piak ziak un, Paul in a Pathian kiang ah kipathu gen hi. Philippi saptuamte Missionary nasep ah lunglut mahmah ahihdan muhtheih in om hi. Paul in Philippi khua a phak masaknapen apan in Philippi-te'n Paul tung ah nna hoih sem pah uhi (Nas. 16:15). Huai in Paul kipaksak mahmah hi.

'Kipak' chih kammal Philippite laikhak ah 16vei kizang hial hi.

Tang 5na a kithuahkhawmna chih kammal English Laisiangthou khenkhat in *fellowship* in let mah le uh, *partnership* dikzaw ding hi. Tanchin Hoih dalhzakna ding a Philippite saptuamte'n Paul a kithuahpihna uh gen nuam hizaw hi. Philippi saptuamte'n thumna leh thilpiak in Paul nasepna ah kithuahkhawmna pia uhi. Huai kia hilou in suangkul natan ah Paul a ding in panpihna pe ding in Epaphrodita sawllai uhi (2:25–30). Huai ahihman in Paul in tang 7 ah hiai bang in gen hi: *“Ka kolbutna leh Tanchin Hoih gupna leh hihkipna thu a hehpihna ka tanpihte na hi vek uhi.”*

Tang 6–11 sung ah, Paul in Philippite' khalam khanna ding ngaihpoimoh a nei in thumsak hi. Tanchin Hoih dalhzakna ding in Philippite'n Paul a kithuahpihna uh, amau' hatna ziak hiam hizaw lou in, Pathian in nasep hoih a pat ziak ahi, chi hi (t. 6). Hiai nasep hoih pen khalam hotdamna genna ahi. Pathian' nna leh Pathian' Missions ah hotdamte lunglut

uh ahihdan hiai ah muhtheih in om hi. Paul in Pathian apan hotdamna a tan ua lungkim a om maimai ding ahihlouhdan leh khantouh zel ding ahihdan gen hi. Hiai khanna pen leng Pathian' apan mah ahihdan leh Jesu hong pai hun chiang a hihbukim a om ding ahihdan gen hi.

Tang 7–8 na sung ah, Paul in Philippi saptuamte a ngaihnatna thu muh theih in om hi. Philippi saptuamte'n Pathian' nasepna ah hihtheih bangbang a pang ahihman un, Paul in ngaina biik mahmah hi. Missionary nasepna kia ah panglou in Paul in hun haksa a tuah hun (sungkul a taan hun) in leng taise lou in Pathian' nasepna ah tha-it mahmah in pang uhi. Paul in Philippi saptuamte a ngaihnatna pen, a kamsiam mai hilou leh Pathian in theihpih ahihdan leng gen hi (t. 8).

Tang 9–11 ah, Philippi saptuamte, khalam a a khanna ding un Paul in thumna neihsak hi. Paul' thumna ahihleh itna a a khan semsemna ding uh ahi. Huai itna ahihleh phawkna (emotional) mai hilou in theihna leh theihkakna a tut ding a deihsakna thu gen hi. Hiai itna tungtawn a pilna

(theihna leh theihkakna) a neih pen un, Khrist a hong painawn hun chiang a dik leh dembei a a omsak theihna ding ahi. Paul in Jesu Khrist tungtawn a diktatna a ngah ziak un Pathian phat leh pahtawi in omsak chi hi. Khrist hong painawwna a ngaksung ua, Khrist' mizia a lahkhiak theina ding ua itna in thil a khek theihdan (transformative power of love) leh theihna leh theihkak theihna a neih ding uh deihsak mahmah hi.

Paul in Philippi saptuamte'n itna a neihna ding un thumsak lou hi. A ziak ahiehleh Philippite'n huai itna nei khinta uhi. Pathian a itna uh tungtawn in Missions nasepna ah Paul panpih uhi. Huai naksang in itna a a khan ua a luanglet zawkna ding un thumsakzaw hi. Huai tungtawn in Tanchin Hoih a ding in nakzaw sem in pang thei ding uhi. Huai ahiehman in, Paul thumna leh kipahthu genna ahiehleh Tanchin Hoih nasepna a pangkhawm a, amaute' ki-ittuahna leh khalam a a khanna ding uh ahi.

Thukhitna leh Sinlai:

Tanchin Hoih dalhzakna ding a Philippi saptuamte' kipiakna leh pan a lakna uh thupi leh

ngaihsanhuai mahmah hi. Hiai bang a apan theihna uh ahiehleh a kibulphuhna uh a dik ziak ahi. Thu lel hilou in, Pathian' nasem (Paul) a ding in sum-le-pai, thumna leh mi mahmah sawl in panpihna pia uhi. Pathian' Missions sepsuahna ding a a panna uh, a thupi mahmah lai in, Paul in Pathian' Mission sepsuahna ding in saptuamte chidam leh khan poimohsa in, itna leh theihna a khang kia hilou a, Jesu hong pai nawn tanpha a dembei a om ding in hasuan in thumsak hi. Pathian' Missions sepsuah a a om theihna ding in a sawltu saptuamte khalam dinmun poimoh ahiehman hiai apan muhtheih in om hi.

Tutung sinlai apan i kivel theihna ding in hiai dotnate tungtawn in kivel le'ng i chi hi:

1. Tanchin Hoih za nailoute kiang a zaksakna ding in bang bang chi in na pang a?
2. Midang na itna ah Khrist batna nei a khangzel in na kithei hia?
3. Jesu hong painawwna ding lametna toh hinkhua zang in na kithei hia?
4. Diktatna gahte gahkhia a midangte a ding a panpihtu leh hihattu hi in na kithei hia? ■



Gammial Aw

Gammial aw simtute tengteng i Toupa leh hondampa Jesu Khrist min in itna chibai aw! Pathian hoihna ziak in tuni dong field a tangthupha tangkoupih a saptuam in i kalsuannate paizom thei zel ahihman in kipahhuai i sa mahmah hi. Thilpiak leh thumnate a naksem a pang a Missions field i neihte leh pawldang toh sepkhawmna a kalsuan Missionaryte thumpih gige poimoh i sa hi. Amaute tungtawn a khamangthang tampite Jesu Khrist khebul a pilut a, gingtu muanhuai suahtak ding i tup ahihman in tua bang a semtute'n gahsuh leh tuipaai tak a hon septheihna ding un Khasiangthou ompihna ngetsak ni. Field tungtawn a Toupa'n i sepna gah hon muhsak nawn hiai anuai ate enkhawm nawn ni.

A. HIMALAYAN MISSIONS FIELD

KIPATHU GENNA LEH THUMNA DINGTE:

1. Toupa'n semtute kalsuanna leh thumtute thumna tungtawn in gah hon musak zel a, field a gingthak leh baptisna tangthak mi 6 a hon piakte ziak in kipathu gen ni. Khateng a i thumna leh thilpiakte tungtawn a i sepna gah muh ding om zelte ziak in kipahhuai i sa mahmah hi. Gingthak leh baptisna tangthakte khalam kalsuanna ding uah gingtu, Jesu nungzui muanhuai leh chitak a hong hih theihna ding un thumpih ni.
2. January 08, 2025 a Taplejung Biakin bawl pat a om, zattheih ding a omtak toh kiton in Pathian khut ah latkhiakna leh a honna Rev Dr Thangminlun Mangte, Field Superintendent in nei hi. Thumna tampi toh i natal ahih bang in, manphatak a saptuamte'n hon zatzel theihna ding un thumpih ni.
3. Lic. Pastor Thawnkhanlian Guite leh a inkuante Delhi ah kiensak a hoh, a sepna mun uh Jorethang Station damtak in tungkikta uhi. Pathian ompihna toh chidamna hoihtak toh hon sepzom zel theihna ding un thumpih ni.
4. Evan Sangbiakmawi, Khurkhure Station, Central Nepal ah semtu i neilel a, munthak ahihman in tangthupha genna ding

- a kong poimohtak ahih ngei lametna toh naupangte Tuiton Centre pat in om theita hi. Kipahthu gen in, hiai Tuiton Centre tungtawn a paikhawm ding naupangte Pathian thu genpih hong hih theihna ding un thumpih ni.
5. Tangthupha ngainuam a lunglut semtute'n a houlimpih khakte uh lungsim a Khasiangthou in na hon sep a, a lungsim uh hong kikhek ua Jesu Khrist hondampa ding ua hon saan theihna ding un thumpih ni.
 6. Semtute'n maban a field a sepding tuamtuam gel in kalsuanna neilel uhi. Project tuamtuam ban ah seminar nei ding a panlakna a neihte uh gahsuaah leh manpha ahihna ding in thumna in delhzui ni.
 7. NEBC field amah khe a ding a inntuan ding a panlakna pailah ah tukum field khawmpi hun chiang in heutu makai ding kitelna omta ding hi. Hiai hun a Toupa'n nna thupitak hon sepsak a maban a inntuan ding field a heutu Saptuam it, ginom leh muanhuai hon piakna ding in thum ni.

B. DHEMAJI MISSIONS FIELD

KIPATHU GENNA LEH THUMNA DINGTE:

1. Toupa'n thummite leh semtute kalsuanna hon vualzawl in, EBCC Namgharia ah gingthak mi nih hon piaknawnte ziaik in kipahthu gen ni. Amaute ginna lam a naupang chik ahihman un, a ginna uh taisan mailou a, Khrist a ding a khuam muanhuai hong hihna ding un thumpih ni.
2. Pathian pina leh thahatna muang a field a Bitarbacha mun a semtute omtheihna ding a Quarters bawl a om lamzangtak in paizom thei zel hi. Kipahthu gen in, lamzangtak a bawl a om a luah ahihtheihna ding in thumna in delhzui ni. Ban ah, Bitarbacha mun ah semtute makaih in thumkhawmna hun leng neih in om theita hi.
3. Field a Study Centre i neihna mun Lachan, Bongalmari, Pityang & Namgharia-te lamzangtak in paithei zel hi. Hiai Study Centre pansan a naupangte Pathian thu hilhsawm ahih bang a tuni chiang daltu omlou a sutzop in om thei zel hi. Naupangte'n a thuzakte uh tungtawn ua Jesu Khrist a hondampa ding ua hon saan theihna ding un thumpih ni.

4. Namkir khua a khosa Mrs. Monumoti Pegu damlounhna nei a om in damna hoihtak hon ngah a, Jesu a hondampa ding a hon saan theihna ding in thumpih ni.
5. Namgharia Study Centre tungtawn a semtute'n a kalsuannate uh thawnlou in naupangte lakah Jesu hondampa ding a sang a baptistna piak om theita hi. Kipathu gen in, a ginna a hong dinkipna ding leh a lawmte a ding a ettontak gingtu hong hih theihna ding in thumpih ni.
6. Semtute'n February khasung a baptisna programme mun nih; Pityang & Bongalmari ah bangmah buaina omlou in lamzangtak in neithei uhi. Ban ah, field ah a vangkim a dansiangthou a koppih nei tuailaite lak a om theizel ahihman in kipahhuai i sa mahmah hi.
7. March 28, 2025 chiang in Lachan Area a saptuamte'n Mass Evangelism neih a sawm uh buaina omlou a lohching leh manphatak a neih ahih theihna ding in thum ni. Hiai hun a kalsuan ding semtute leh a telding mite Toupa khasiangthou in a ompih a, gahsuah leh lohchingtak a programme neih ahih theihna ding in thumna in phawk ni.
8. Amguri a gingtu Mr. Kulamoni Kuli leh a inkuante hun sawttak biakna ngaipoimoh lou a omte'n biakna ngai poimoh a khalam a hong khanna ding uleh EBCC Garhpara mun a gingtu Purna Mili leh a innkuante'n Toupa a ginna uh hon taksuahna ding un thumpih ni.
9. Field a semtute leh gingtute lak ah damlounhna chi tuamtuum tuak thei zel om uhi. Tuabang damlounhna tuakte'n Pathian apan hihdamna a ngah chiat theihna ding un thumpih ni. Ban ah, ginglouni Pathian thu houlimpih theih zel a omte'n Jesu Khrist a hondampa ding ua hon saan theihna ding un thumpih ni.
10. Kapurdhuwa a om naupang Samuel Taye biakin kikhawmlai khophawklou in om a, semtute leh gingtute thumsakna tungtawn in damna ngah hi. A nu-le-pate'n kikhoplai a thiltung hilou hileh Samuel Taye buaise ding ahih dan gen ua, manpha i sa hi. Toupa'n a thilhih theihna ahunhun a semtute tung ah hong kilangsak zel ahihman in kipathu gen ni.

11. Personal Evangelism chih minvuah a semtute'n training a neihna uah gingtu mi 55 vel kihel thei uhi. Hiai hun ah Evan H Jamkhanmang leh Evan Haukhosiam Guite in sinsak ua, programme manpha leh lohchingtak a zat in om hi.
12. Ginglou Mr Rohan hun bangtan hiam apan lauhna nei in om a, semtute'n Pathian thu a houlimpihna a neih uh maban ah Pathian pina toh houlimna hon sutzop zel theihna ding un thumpih ni.
13. Morahuti mun a khosa Mr Suren Taid hun bangtan hiam apan lungsim buaina nei a hong dam a, a hindan ngeina a hon sutzop a gingtu hoih hong suah nawna ding in thumpih ni.

C. HOJAI MISSIONS FIELD

KIPAHTHU GENNA LEH THUMNA DINGTE:

1. Lanka station leh Hojai station pansan a semtute'n chidamtak in a nasep uh semzom theizel uh kipahtu gen ni. Pathian ompihna toh inkuan chidamtak a hon sepzom zel theihna ding un thumpih ni. Lanka Station a semtute'n home tuition a neih uh lamzangtak a sunzom zel thei ahihman un kipahtu gen ni.
2. Hojai a semtute'n gingtute toh Sunday fellowship leh activities tuamtuamte lamzang leh dalna awmlou in neizom theizel uhi. Kipahtu gen in, Pathian Khasiangthou ompihna toh daltu tamtak omte kal ah daltu omlou a hon sutzop zel theihna ding un thum ni.
3. Lanka station ah Purnima Devi leh Laxmi Devi a ding in thum zomzel ni. Semtute'n amaute counselling a neihpihna tungtawn ua Jesu Khrist hondampa ding a hon saan theihna ding un thum ni. Ban ah, Jugindro Singha leng taksa lam ah zeng ahi a, semtute'n maban a houlimpihna a neih hun ua Pathian tak hon muhna ding in thumpih ni.
4. Naupangte vacation sung in Hojai a semtute'n Educational Campaign chih minvuah in 'Vacation Ministry' naupangte leh a nu-le-pate uh sukha in neihsawm uhi. Lamzang leh gahsuah a neih ahih theihna ding in thumna in phawk ni.

D. GOALPARA MISSIONS FIELD

1. Goalpara station leh Dhupdhara station a semtute'n chidamtak in a sepna maban chiat uh sunzom thei zel uh, kipahtu gen ni. Toupa'n a thilhih theihna toh semtute a thop a, Amah a ding a mi muanhuai hon piakna ding in thum ni.
2. Field a Football Coaching leh First Aid tungtawn a nna sepna semtute'n a paipih lelte uh lamzang zel hi. Pathian in semtute kalsuannate hon vualzawlsak a, tanchinhoih gentheihna ding kong a hong kihon theihna ding leh naupangte leh anu-le-pate utoh kizopna hoihtak neih a om theihna ding in thum ni.
3. Evan K Kamkhenthang, Dhupdhara station pansan a semtu tapa Ginlunmang in a zunthakna gui lam toh kisai a damlouhna a neih ziak a ki-enkol lel a damsianгна ding in thumpih ni.
4. Balijana station pansan a semtute'n Project tungtawn a sepding leh vaisai ding tuamtuan a neihte uh lamzangtak a hon neih theihna ding un thumpih ni.

E. KAMRUP DISTRICT

KIPAHTHU GENNA leh THUMNA DINGTE:

1. Pathian ompihna toh semtute'n Ministry lamzangtak in neithei zel uh, kipahtu gen ni. Pathian Khasiangthou ompihna toh gahsuahtak a hon sepzom zel theihna ding un thumpih ni. Loharghat station ah semtute'n contact a neihsate uh veh in tangthupha genna patpih theita ahihman un kipahtu gen in, thumna toh delhzui ni.
2. Lam tuamtuan zang a semtute'n a sepna mite uh toh kizopna hoihsem a neihna ding un panla thei zel uh, kipahtu gen ni. Amaute toh kizopna hoihtak bawl hong hih a, tangthupha genpih theih ahihna ding un thum ni.
3. Semtute'n tangthupha a genpihsa a neih mite uh lungtang a Toupa'n thu a gen a, amaute'n Pathian lam a hon naih theihna ding un thum ni.
4. Chhaygaon station leh Bamunigoan Station a semtute'n leng amau mun chiat ah ministry nei in kalsuan zel thei

ua, Pathian Khasiangthou thopna tang a semtute'n kal hon suanzel theihna ding un thum ni.

5. Loharghat station ah semtute'n inkuan bangzah hiam toh kizopna hoihtak a neih ban uah amaute kiang a Pathian thu leng genpih theita uhi. Amaute lungtang a Khasiangthou in thu a gen a, Toupa khebul a pilut ahieh theihna ding in thumna ah phawk ni. Banah, Pathian thu a houlimpih sate lungtang a Toupa'n thu a gen a, amaute'n Pathian lam a naih theihna ding un thumna ah phawk ni. ■



DORCAS *Corner*

Pathian hoihna leh chitnate ziak in kum-2025 March kha bang muthei nawn in i om a hampha kisa in Pathian kiang kipahthu i gen hi. Simtute na va vek un Hondampa Jesu Khrist min in chibai aw.

Tukha Dorka Pawl Thupi 'Lungsim Munkhatna Lampi Tawn ding' chih ahi. Hiai toh kisai saulou houlim le'ng i chi hi. I Toupa'n kipumkhat a i om theihna ding in hon thumsak hi. *"Hiai a dingte a ding kia a ngetsak ka hikei, a thugen ziak ua kei hon gingtalai dingte a ding in ngetsak ka hi; a vek ua pumkhat a hihna ding un; Pa, nang keimah a na om om leh, kei nangmah aka om bang in, amau leng eimah a omna ding un; nang kei non sawl chih khovel in a taksan theihna ding in. Huan nang thupina n'on piak amau ka peta; amau pumkhat a hihna ding un, ei pumkhat i hih mah bang in. Kei amau ah, nang kei ah, amau pumkhat a a om ua a bukim theihna ding un; nang kei n'on sawl chih leh n'on it bang in amaute na it chih khovel in a theihtheih na ding in"* (Jn.17:20-23).

Tomchik a gen in Pa leh Tapa pumkhat ahieh gige bang ua, amah gingta a hinna neite Khrist a kipumkhat a om ding a loutheilou chihna ahi. Huai mah gingtute a ding a a poimoh dan i Bible in hon hilh ahi. Paul in leng, "Lemna Kha a kipumkhatna vom

chinten ding in” chiin hon hilh hi (Eph.4:3). “Huai lungsim mah pu in, hichibang itna mah nei unla, tup kibang leh lungsim khat nei in ka kipahna hon hihkim sak un” chi hi (Phil.2:2).

I zuih lampi i et kawm in kipumkhanna lampi tawn a i paitheihna ding in hiai a nuai a te zui ding in kisin le maw:

Kingaihniamna: Lungsim niamlak a kingaihniamna utna lungput neihding leh midangte eisang a poimoh ngaihzawk ding ahi. Khrist in a hon it zia in amah leh amah hong ki-awngsak in siding khop a thumang in Khros ah i khelhnate pua in hon tanta hi. Amah dungsun in i kingainiam ding uh aw (Phil.2:2-11). Pathian in mi kisatheite dou a kingaineute hehpihna pia ahi.

Itna: Khat leh khat ki-ittuah dialdial ding a thupiak i hi, i ki-ittuah ding uh. “Jesu’n thupiak thak k’on pia ahi, ki-ittuah un; ken nou kon it bang in nou leng ki-ittuah un. Na ki-ittuah uleh mi tengteng in ka nungzuite na hi uh chih hiai ah a thei ding uh” a chi hi (Jn.13:34-35).

Ngaihdamna: Min i tung a hihkhelh a neih ua leh ngaihdam ngeingei ding ahi. Hehna leh thangpaihnate leng beisak pahpah ding ahi. Eite leng i khelh man a tangtawn sihna a lut ding lai Pathian in a tapa zia in a hon ngaidam a, ginna tungtawn in a hehpihna i tang hi. Huaiziak in Pathian kiang a lungmuangtak a omthei ding ihita, aman hon ngaihdam bang mite ngaidam ni (Mat.6:14-15).

Kithuzaktuah ding: Khat leh khat i nasep leh thilgelte ah kithuzaktuah gige, a sia a pha kikumtuah ding i hi. Khat leh khat kingaikhetauh ding, midangte ngaihdan leng kuppiah siam a theihsiampiah ding ahi (Jak.1:19-20). Inkuan kikepna ah, nu leh pate’n insung vai ah i tate maban ding khual a vai i hawmna ah anung ama uh theizui ding, saptuam leh khotang a i pankhaknate ah seppihte toh kalsuankhawm a maban ding chiat i gelna ah ngaihdan kikum tuah zel dingte i hi. Kikumlou a khatkia ngaihdan a hoih leh lohching inkuan, saptuam leh khotang om ngeilou hi.

Na kisepsaktuah ding: Siambikna i neihte, i lunglutnate midangte’n leng a phattuampiah theihna ding un na kisepsaktuah ding ahi. Tuabang a i sepleh midangte’n salam leh khalam ah amaute’ ginna lam a khangtou saktei hi (IKor. 12:4-7).

Lungsim munkhat a omkhawm a nasepkhawm a gah khum mahmah in Pathian itna ei a om midangte'n leng mu in Pathian thupina pahtawi in a om hi. I Bible in a gen bang in Jesu'n, '... Nang kei n'on sawl chih leh, n'on it bang in amaute na it chih khovel in a theihtheihna ding in" a chi hi (Jn.17:23). I kithutuah a, itna toh kingainiam tak a na i kisepsak tuah dialdial ding Pathian deihdan ahi. Midangte hihkhelh kia lungsim a vom lou in mite hihhoihte phawkpih ding, ngaihdamna hau a gingu hihpihte toh Pathian itna thute kikuppih in kithuzakpih tuah zel ding ahi. Penticost ni a gingu lungsim kithutuak a om laitak un Kha Siangthou in luahdim a, Kha in hihtheihna a piak bang zel in a pauta uhi. Hiai ni mah in Peter in leng hangsantak in thu a gen a mi sangthum vel in baptistna tang in kipak leh lungnuam in a om uhi. Lungsim munkhat, Pathian deihdan lampi tawn ding in Toupan hon vualzawl hen.

DORCED HUHNA: Mr Liankhansang EBCC, Tuithapi akipan in DORCED chawmna nuai ah Class VIII a kipan in Class XII tan zou hi. Tu'n SSC nuai ah Assam Rifles (GD) ah sepna mu a, a kha loh Rs 37600/- DORCED huhna ding in hon pia hi. Toupa'n maban ah leng tamsem in vualzawl hen aw. ■



YOUTH *Corner*

‘TUAILAITE LAISIANGTHOU SINSAKNA BANG A THOPNA’

Romte Bung 11:36 ah hichiin a gen a, *“Thil tengteng amah siam ahi ua, thil tengteng amah a dia siam leh om ahi ngal ua. Pathian kiang ah thupina tangtawn in om hen. Amen.”*

Tuni chiang hon kem hon ching i biak Pathian thupina pia in Khristian Thukizakna simtute tengteng leh ka tuailaipihte i Toupa Jesu Khrist min in itna chibai ka hon buk hi.

Pathian apan thopna chih i gen chiang in hun bangtan hiam, koisan mun hiam a sinna chikhat i lungsim ah a lut pah thei.

Pathian thilhihtheihna in mite a thopdan mihing gelna sang mah in a thuuk in a za hi. Pathian in mite a thopdan pen skul kai hiam, sinna (training) a i painate kia lel thopna hilou in; i pianna inkuan, nu-leh pa, sanggamte, lawm-leh-vual, khotang i tenna, thilnuam leh nuamlou i tuahkhakte, lohchinna leh lohsapna i tuahte leh thil tengteng Pathian in a thopna vanzat in a zang thei hi. Tuabang thopna tuamtuamte hiai bang in a ettheih ding hi.

Khatna: *Pianpihna thopna (Natural gift):* Mosi a pian apan Pathian in atuam mawngmawng a asehkhiak ahildan Laisiangthou in a gen hi (Hebrute 11:23). Mosi in a ‘dang-awk’ paulap a abawllai in, Toupa’n ‘kua bawl hiam’ chih dong pah hi (Eksodas 4:11). Pathian thopna ahi. Midangte, Samson thahatna in a thuam a; Paula siamna sangtak, khua leh tui hihna, beh-le-phung hihna tanin, kisaktheihpih tham hial in a thuam hi (Philipi 3:4-6).

Nihna: *Sinkhiak siamna tungtawna thopna (acquired skills):* Pathian apana thopna i chih in eimah kisin ngailou chihna ahi kei. Paul in tuailai Timothi kiang ah ‘nangmah leh nangmah kisin in’ achi hi (2Timothi 2:15). Pathian in tuabang thopna vanzat punsak ding hon-got aom a, tua pen hihtheihna (talent) leng i chi thei michih a hihtheihna bang zel ua piak hi. (Matthai 25:14-30). Tua thil piak thopna zang siam leh gahsuahsak ding in kisin a ngai a. Naktak a sep leh kuhkal leng a ngai a, Paul in sepaih a pang mite, kimawl mi leh lou nasem mite bang in a genteh hi. (2Timothi 2:3-7).

Thumna: *Khasiangthou apan hongpai thopna (Spiritual gift):* Pianken a thilpiak thopna le sinkhiak a thopnate banah Khasiangthou thopna i chih Laisiangthou ah tamveipi a kigen (Korinte, Romte, Ephesate, Peter). Tumah bang in sinkhiak siamnate leng Khasiangthou thilpiak thopna mah ahi. Hinapi in, Khasiangthou thilpiak in tua siamnate a zat chian thilhihtheihna a buchingsak a, Pathian thupina ahi (Eksodas 31:1-11). Tuaban ah, Khasiangthou in thihihtheihna thopna apiak mihing sintheih, hiam deihtel theih leng hilou, ngethatthu hiam amuh leh tan leng hilou, Pathian in amah thu liauliau a piak aom a tuate Khasiangthou thilpiak chi in i thei hi (1 Korinte 12). ■



Mu[♩]ic Corner

HULAKDAN & KHAHKHIAKDAN

(Breathing Technique)

Pathian' pina toh March 2025 hon musak a hon pikai Toupa min iphat hi. January 2025 Music Corner ah abiktak in la leh music lunglutte a ding a poimoh mahmah "Aw gin tehna" (Vocal Range) toh kisai i gen hi. Tutung in ahihleh, phatna la siasiam leh lapawl sate'n masawanna ding a alou theilou hih teitei ding "Hulakdan leh Khahkhiakdan" (Breathing Technique) toh kisai saulou in gen leng i chi hi.

Phatna lasak tua sang a thazoh leh i siam theih zawkna ding kia hilou i damtheina ding a poimoh tampite lak a khat tuh "Hulakdan leh Khahkhiakdan siamsiam" ahi. Hulakdan siamlouh ziak in aw aginkhiak ding bang in gingkhelou sek a, a pawtkhiak ding bang in hatzoulou sek hi. Huaiban ah, hulak siamlouh ziak in la thulam chiang zoulou sek a, a key (pitch) a tun dington tungzoulou sek hi. Huaiziak in, la siamtak leh diktak a sakkhiak liahliah ahitheihna ding in hu kichingtak a lak kisinsiam poimoh mahmah hi. Mahni a kisinsiamna ding bangzah hiam i gen ding.

1. *Awmsung leh gil kikal a koih zou ding khop in hulak kisin ding (Diaphragmatic Breathing):*

- Pathian' hon piak nak (nose) tungtawn in hu tampipi gilsung tan a kholthei ding in diklut dan kisin masa in.
- Na awm tanglou in na diip/tainem khangsak (expand owtward) di khop in hu/huih diklut dan kisin masa in.
- Na hu khol/huihte pilvangtak in awl-awl in na kam (mouth) pansan in khahkhiak dan kisin masa in.

2. *Hulak Khahkhiakdan kisinsiam in (Controlled Exhalation):*

- I diklutte awl-awl leh kidaihzeitak a khahkhiak dan kisinsiam ding ahi.

- "Hissss" ging hiam "humming" - "A - Aw" etc. zang in pilvangtak in khahkhiak dan kisinsiam ding ahi.
- "Lip Trills" kichi tuh na hu diklutte na khahkhiak Chiang in na lei (tongue) dang tunglam ah koih in "brrrrr" gingkhiaksak dan kisinsiam in. Hiai in i lei zoisak a thumalloh nuamsak in chiangsak hi.
- "Oo" leh "ee" ging zang in na huih diklutte "siren" ging bang in aw niamlam apan a sanglam manoh a sakdan kisin in.
- Na huih diklutte zang in (d-r-m-f-m-r-d) ging saupi dik-le-tang a sak dan, a gin nemtak a awihdan, ngaihtak leh khauhtak a awihdan bang, awl awl a solfa note niam lam leh sanglam sakdan kisin touhtouh ding ahi.

4. *Vualkhat (Phrasing):*

- La khatpeuh a thu dungzui in hulakna ding mun om hiven, tuatan khatvei i lak daihsak ding a hawmrual dan kisin ding ahi. A tangpi in measure 2 leh 3 tan bang sakzoh kilawm hi. La thumal bontan a hulaklough ding ahi. Khawl theihtha e, chihziak a le hulak theihna teng a le lakvek ding hituanlou, akilawm hun om a theihkhiak sawm ding ahi. Apoimoh bang in la copy ah (√), (') hulakna ding mun chiamtehna (breathing mark) gelh ding ahi.

5. *Naak-bawm letsakna (Ribcage Expansion):*

- Lasak toh kisai sinsaktu (Vocal Coach) tampite'n hiai toh kisai a gentam mahmah uh khat ahi. I nakguh kaalte ah hu i diklutte khol theihdan om hi chi uhi. I naak-bawm leh tuap ah huih tampi i khol theihna ding in hu tampipi, sawtpi diklut kawmkawm in i liangzang tawldam(relax) sak ding ahi. Taksalam kisawizoina leng ngaih poimoh ding ahi.

6. *Din/tut dingdan (Correct Posture):*

- Lasak hun ah dintang ding, khe gawm chetchut louh ding, khe kakzek ding, nungzang, ngawng/dek, khetul akilual theitawp a dinding ahi. Kun kheuhkhauh louh ding, dakluat louh ding. Hiaite'n hu hoihtak leh a kiningchingtak in hon lasak theilou hi. Limlang mai ah lasak Chiang a dinding dan, kamkat dan, mel bawldan ki-enchian a mahni a i polam kilatdan bawldik tuakte bawldik a kisintam poimoh mahmah hi.

7. *Tui dawntam ding (Hydrate)*: Phatna la sa mite'n i taksa tui tasam a koihlouh ding, tui tampi dawn zongsat a neih ding ahi. Huai in Pathian hon piak aw chidamsak hi. I kamsung a guantheih leh nektheih ahoihlou i gengente'n i aw kilawmna hihsethei ahi chih i theih a i kikep siangthou ding ahi.

Phatna lasa mite lungsim chidam leh kipaktak a om dingte i hi. Pathian hon piak i taksa kemit a siangthou hinkhua zang a, Amah thupina ding kia a kizang dingte i hi. Ginom leh muanhuaitak a i om ding poimoh a, lauhthawngna leh lungngaihna i paikhiaksan/thohkhiaksan ding ahi. Tuabang a lungsim chidam leh Amah phatna ding kia a aw-ging kilawmtak leh siamtak a Pathian i phat touh zel theihna ding in zing thoubaih mi i hih ding, vualzawl na huihsiang diik a taksa sawizoina nei zel a, a tung a i gen hulakdan leh khakhkiak dante kisinsiam ding in i kichial thakthak hi. Toupa'n Amah phatna aw-ging kilawm suahkhe theizel ding in hon vualzawl hen. ■



EBC Innsung Thu

EBCC SELAM BIAKIN THAK HONNA

EBCC Selam, Sialkal Division Biakin thak honna January 31, 2025 (Sintawpni) in Rev. V. Goubiakmuan, Divisional Superintendent in nei hi. Program zinglam dak 11:30 in Biakin kong ah Officiating Minister makaih in kipan hi. Tuazoh in Biakin sung ah hunpi zat in om hi. Program zat hunsung in EBC Sialkal Division a kipan Saptuamte'n loppihna thilpiak pia ua, DEC Chairman inleng EBC Sialkal Division sik-le-tang in loppihna Rs. 30,000/- pia hi.

Hiai biakin bawl na ding ah panpihna EBC Headquarters akipan 4,50,000/- leh EBC Mizoram Division (tua Sialkal hita) apan in Rs 50,000/- kingah a, tu in zoh in omta ahihman in TOUPA kia thupina i pia hi. Tulel in EBCC Selam saptuam inn 3 pha ua, milip 20 khawng om uhi. Biakin lopna in Bawng pumkhat EBCC Selam in ana gou uhi.

LAMKA WEST DIVISION HONNA & PUANKHIAKNA

Lamka West Division honna leh puankhiakna February 1, 2025 zing 7:30 in Division office kongtual ah neih in om hi. Hiai hun ah Division sung a Pastor-te, Division Executive Committee (DEC) member-te, Division khawmpi Uliante, division level committee member-te leh local chih a TBUC office bearer-te kihel uhi. Rev. Thawndoulian, Director of Missions in hun honna thumna nei a, mipi paikhawmte'n phatkhawmna la sa in Rev M Zalian Guite, Director Ministries in Division honna leh puankhiakna nei hi. Hunzat sung in Rev Pumsuanmung Naulak, Divisional Superintendent, Lamka West Division in Khawmpi Ulian dingte banah Division Executive Committee, Division Baptist Missions Committee, Division Baptist Dorcas Committee, Division Baptist Youth Fellowship leh Division Baptist Children Department a makaite nnagotna nei in, Rev K Kamchinkhup, General Secretary in Pathian thutak gen hi.

EBC Lamka West Division ahihleh Lamka South Division leh Lamka North Division a kipan kho bangzah hiam laktuah a om hi a, Lamka West Division sung a saptuam omte ahihleh- EBCC Bethany, EBCC Bethlehem, EBCC Bungmual, EBCC D. Phailian, EBCC Dorcas Veng, EBCC Hebron, EBCC Mission Compound, EBCC Moria, Pearsonmun, EBCC New Lane, EBCC Pearsonmun, EBCC Takvom, EBCC Tonglon (P), EBCC Tonglon (T), leh EBCC Zoan hi ua, Division sung ah tulel in milip 14,117 om hi. Lamka West Division in office mun ding in nidang a Lamka South Division Office pen zang uhi.

AIZAWL DIVISION OFFICE HONNA

Aizawl Division Office honna tuni February 6, 2025 sunnung dak 1:00 in Mission Guest House, EBCC Aizawl, Dinthar ah neih in om hi. Rev. S. Thang Johnson, Divisional Supdt. in program makaih in office honna leh latna Upa T. Liansangvung, Chairman DEC, Aizawl Division in nei hi. Office honna a neih zoh in semtute adia thumsakna leng nei hi. Office vanzat dingte latna Pastor Khenthang Buansing in nei a, huntawp ah kipahtugenna leh thumna Pastor Ginmuanlian Thangngeu in nei in program zou uhi. Tulel in Aizawl Division ah saptuam 3 om in milip 1049 pha lel hi. ■

DOTNA LEH DAWNNA

Dongtu : Dr. T Pumzathang, Salem Veng

Dawngtu : Rev Ginmalsawm, GBC Pricipal

Bible ah KORNILIA hihnate chiangtak in i mu-

- (i) Pathian limsakmi, amah leh a inkuanpihte tengteng toh Pathian laudan siam, mite kiang a thil thawnpiak tampi pezel, Pathian kiang a thum gige.
- (ii) A thumna leh thilpiakte Pathian kiang tung (Pathian in theihpih) (Nasepte 10:1-2)

DOTNA

Huchi hinapi – Nikum lam a i Sunday skul zillai Nasepte Bung 1-12 hilhchetna bu ah – Bung 10:25 pek (page) 184, para 4na vualtawpna ah “Amah (KORNILIA) ‘GINGTU’ bel hinailou ahi” a kichi mawk a bangchi dan ahi di? Pathian limsak, laudan siam, thum gige hinapi – ‘Gingtu hinailou’ chihmawk.

DAWNNA

Kornelia in ‘Pathian limsak, laudan siam, thum gige’ hihna nei mahleh Jesu Khrist ginna tungtawn a khelhnate ngaihdamna leh hotdamna tang nailou ahihman in Jesu Khrist Tanchinhoih hilhtu ding in Peter va sap ngai hi (Nas. 10:32, 36; 11:40). Thukhun Thak hun a “gingtu’ kichite bel ‘Jesu Khrist sihna leh thohnawwna gintak ziak a khelhnate ngaihdamna leh hotdamna tangte ahi (Nas. 10:39-43; 1Kor. 15:2-4). Dawite na ngawn inleng Pathian ginta mahle uh ‘gingtu’ kichi lou hi (Jak. 2:19). Jesu tuh Khrist ahi chih gingtu kichi in tangtawn hinna nei uhi (1Jh. 5:1, 10-12) ■

KIPATHU GENNA:

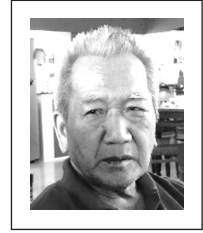
Mr. Lianmuanlal s/o T/Upa Ginlalsuan, EBCC G Bualjang, Singngat Division a om in Assam Regt. ah sepna mu in a khaloh lak masapen TBUC EBCC G Bualjang khut ah Pathian Gam nasepna ding leh Pathian tung a kipahtu genna in honpia hi. Maban a kalsuan zelna leh a sepna ding ah Pathian vualzawlna leh ompihna tang a chidamtak leh lohchingtak a hon sep zom theih ka deihsak uh leh ka thumna uh ahi.

- T/Upa P Jamkhanthang, Secretary TBUC, EBCC G Bualjang ■



Ordain Sunna

1. Min: **UPA G. LIANZAGIN**
2. Pianni: March 13, 1941
3. Pianna Khua: Zoutung, Thanlon Sub Division
4. Baptisma tanni: 1962
5. Pa Min: Paukhokam Guite
6. Nu Min: Luanggai Guite
7. Zi min: Mrs. Donzaching
8. Kitenni: December 28, 1974
Kitengsaktu: Pastor Thawngluan
9. Gil a gah goutan neihzah: 5, Pasal: 2, Numei: 3
10. Tulel a omna Saptuam: EBCC Jordan
1. Tulel a kizatna: TBUC Member
12. Ordain Kum: 1990, Ordain Petu: Rev T Jamkhothang
13. Pahtakna lai san kum: 2011
14. Toupa kiang a tawldam ni: January 27, 2025, Vui ni: January 28, 2025
15. Vuitu Pastor & Saptuam: Pastor H.Thangbiaklal, EBCC Jordan
16. Natna: Heart Case
17. **A tanchin gelbeh nop:** Sepaih apan ma pek apat saptuam ah ana kizang mahmah a, Naupang Heutu, Tuailai Heutu chihthe in ana kizang hi. 1982 kum in sepaih hong pension in 1985 in Manipur Govt. Industry Department ah Driver nna mu in Lamphelpat ah atanu lianpen toh innluah in om uhi. Langol Saptuam a Upa Ordain masapen ding in 1990 in Upa Ordain ana tang hi. 1993 in asejna Driver pension hi. 2011 in Phatakna lai ana sang hi. Meitei gal ziaak in 2023 in Lamka ah hong galtai ua, tua a omna uh EBCC Jordan ah khosa in om uhi. Saptuam na leh Saptuam' vai awlmoh mahmah mi ahiah ban ah, adam nakleh zing Devotion hoh khial lou mi ahi.



Toupa Kha Siangthou in a nutsiat a inkuan leh Saptuamte khamuan in makaih zelta hen.

1. Min: **Rev (Retd.) ST JAMKHANTHANG**
2. Pianni: March 21, 1946
3. Pianna Khua: Jawlpi vangkhua,
Manipur South District
4. Pianthak Hun: 1962, December 23
5. Baptisma tanni: 1962, December 23



- Baptistu: Thangsut
6. Pa Min: Pu S Tunpau
 7. Nu Min: Nu Damzangai
 8. Zi min: Nu Vungngaihching January 21, 2014 a sihsan June 18, 2015 in Nu Telhauching toh kiteng uhi.
 9. Kitenni: May 22, 1973
 10. Gil a gah goutan neihzah: 7 Pasal: 4 Numei: 3
 11. Tu melmuh zah: 14 Pasal: 10 Numei: 4
 12. Tulel a omna Saptuam: EBCC Zion
 13. Tulel a kizatna: TBUC Member
 14. Pahtakna lai san kum: 2011
 15. Toupa kiang a tawldam ni: February 05, 2025
Vui ni: February 05, 2025
 16. Vuitu Pastor & Saptuam: Pastor H Kamzachin, EBCC Zion
 17. Natna: IGG4, DT2 leh Electrolyte imbalance
 18. **A tanchin gelbeh nop:** 1954 in sunglam natna guhtak nei in sihna tanpha tuak phial ding in ana ki-enkol hi. Tua kia hilou in, damlou inn a omlai, a inkhang huansung ua, a va lut aleh a huansung ua khuaithum bu a saklam a tangval hon khat in hon deng ua, khuaithum in pumtuam in tuni tan in khuaithum dehna ma mun 110 bang a luzang ah omlai hi. Ni 3 bang khua phawklou a a om nung in lamdangtak in hong halhkhia a damna hon neithak hi. A neu apan pawlpi leh khotang ngaina ahihman in pawlpi tuamtuum ah ana pangtou den hi. BYF, Local Upa, DWC, BOT leh Thumna pawl tuamtuum- Daniel, Nehemia, Ezera, Fidei Defensor toh kizopna nei in a muan Toupa a din a hihtheihna tantan sit neilou in kipia hi. Thumna ngaina mi ahi. Halhthakna omna ding in EBC Thanlon Division a om sung in Moria Revival Crusade hon pankhia ua, naktak in thumna toh salam leh khalam a gamsung a tunna ding in a thum ngiitnget zou hi. Toupa Kha Siangthou in a nutsiat a inkuan leh Saptuamte khamuan in makaih zelta hen.

1. Min: **D. VUNGCHIN**
2. Pianni: April 17, 1930
3. Pianna Khua: Kaihlam
4. Baptisma tanni: 1947
Baptistu: Pastor Khamkhogin Ngaihte
5. Pa Min: D. Paukhokam
6. Nu Min: Thangzakhawl



7. Zi min: Laihnuun, July 30, 2020 a sihsan Ngairosiam toh September 25, 2021 in EBCC Pearsonmun ah Pastor Suanmung Guite khut ah kiteng
8. Kitenni: July 25, 1956, Kitengsak tu: Pastor P.K. Englian
9. Gil a gah goutan neihzah: 8, Pasal: 4, Numei: 4
10. Tu mel muhzah: 11, Tusawn: 13
11. Tulel a omna Saptuam: EBCC Pearsonmun
12. Tulel a kizatna: TBUC Member
13. Ordain Kum: January 23, 1972, Ordain Petu: Pastor Kaineng
14. Pahtakna lai san kum: 2000
15. Toupa kiang a tawldam ni: February 7, 2025, Vui ni: February 8, 2025
16. Vuitu Pastor & Saptuam: Pastor Sanglian, EBCC Pearsonmun
17. Natna: Stroke
18. **A tanchin gelbeh nop:** Pianken a mi damthei, nnasep taima, mi awlmohhau, mi polhnuam leh la lunglut mi ahi. Kum 1949 in Local Upa Committee sem panin ECC/EBCC Pearsonmun ah Local Chairman alet kumte-1973; 1976; 1980; 1987-89 leh 1996. Kum 1947 January 2 nin Pearsonmun ah pem in tuni dong teng hi. Post & Telegraph department ah March 30, 1953 in Group D post ah lut a, kum 39 vingveng asepnung 1992 in asepnung apan pension hi.
Toupa Kha Siangthou in a nutsiat a inkuan leh Saptuamte khamuan in makaih zelta hen. ■



MARCH 2025

Kipahthu Genna leh THUMNA DINGTE

1 **KIGINNI:** March kha honpikai i biak Pathian kiang kipahthu gen ni. March 4-21 sung Saptuam School a sem, Evan Teacher teng in Gospel Centenary Hall ah Training poimohtak nei ding uh, sinsaktu ding leh sintute a ding in Pathian ompihna leh makaihna ngen in thumpih ni.

2 **NIPINI:** March 3-8 sung EBCC D. Leikot in Solfa, Keyboard leh

Guitar sinna nei ding a, Thangbiaklal Valte Music Promoter in sinsak ding. Pathian ompihna leh makaihna ngen in thumpih ni.

3 **SEPPATNI:** March 4-9 sung EBCC Bethany in ORC ah Papila camp sai ding a, Evan Upa T Damkhotang thugenpi in pang ding, camp lohching leh gahsua ah ahina ding in thumna ah phawk ni.

4 **SEPNAWNNI:** March 5-7 sung EBCC Suangdoh in Pasal Camp nei ding a, Evan Upa Lianding Guite thugenpi in pang ding, camp lohching ahihna ding in Pathian Kha pawlna ngen in thumpih ni.

5 **NILAINI:** Manipur Board nuai a Pawl 10 ekzamna pailel, buaina bangmah omlou a zoh ahihna ding in thumna ah phawk ni.

6 **NINGANI:** March 7-8 in Singngat Division in Division Level Departmental Joint Fellowship, EBCC Lungchin ah nei ding. Program lohching leh manpha ahihna ding in thumna ah phawk ni.

7 **SINTAWPNI:** March 8-9 in EBCC Guwahati ah Rev K Kamchinkhup, GS in hunzang ding, Pathian Kha pawlna leh ompihna ngen in thumpih ni.

8 **KIGINNI:** Tuni in Lamka East, West, North leh South Division sung a DBYF Committee leh CBYF in One Day Leaders Development Workshop nei ding, manphatak a zat ahieh theihna ding in thum ni. March 8-9 sung EBCC Mumbai in Saptuam Anniversary zang ding a, Rev M Zalian Guite, Director of Ministries in thugen ding, thumna ah phawk ni.

9 **NIPINI:** Pathian ompihna leh makaihna toh Olive Retreat Centre (ORC) ah Camp leh thumna hunzang om gige thei hi. Tu'n Dining Hall thak, mi 150 vel ann nektheihna ding bawlzoh hita, kiphathu gen in, manphatak a zat ahihna ding in thum ni.

10 **SEPPATNI:** Beth-Haran Child Care Centre chi in naupang kepna Saptuam in, tua i neihsate

banah, nathak pat i sawm hi. Pathian huhna toh patkhiakpah ahihna ding in thumna ah phawk ni.

11 **SEPNAWNNI:** March 12-15 sung MELC, Lamka East in Tuailai Camp Tuaitengzang ah nei ding a, Evan Upa T Damkhotang thugenpi in pang ding. Camp lohching ahihna ding in thumpih ni.

12 **NILAINI:** Lametnamun (LRRC) tungtawn a khamtheih hihte kepna nasep paihoih zel, Pathian kiang a kiphathu gen in, semtute leh kep a omte a ding in thum ni.

13 **NINGANI:** March 15-16 sun EBCC V. Munhoih in Nungzuihna Chialpi nei ding a, Rev M Zalian Guite, Director of Ministries in Pathian thutak gen ding, thumna ah phawk ni.

14 **SINTAWPNI:** March 15-16 sung EBCC Kangkap in Second Coming Chialpi nei ding a, thugenpi in Evan Upa Lianding Guite pang ding. Chialpi lohching leh gahsua ahihna ding in thumna ah phawk ni.

15 **KIGINNI:** NDPN tungtawn a Coaching kai leh training tuamtuam laten Pathian huhna toh lohchinna honngah chiat theihna ding un thumpih ni.

16 **NIPINI:** Tuailai, 2025 Khawmpilian ding kisakkholhna kipanta, motivation team leng kisan mahmah, Pathian pina toh lamzangtak a pan laktouhzel ahihna ding in thum ni.

17 **SEPPATNI:** Youth Co-ordinator leh Dorcas Co-ordinator thakten a mun uh luahta uh, amaute ziak in kiphathu gen ni. Lamzang leh Pathian

deihna bang a a mohpuakna uh hon septeihna ding un thumpih ni.

18 SEPNAWNNI: DotProj a puankhui zil lel, batch 7na, mi 13 ten a zilna uh zouta ding ua, March 20 in Graduation program zang ding uhi. Pathian kianga kipahtu gen in, batch 8na ding April a kipanpah ding leng thumna ah phawk ni.

19 NILAINI: March 20-23 sung EBCC NE Tanguam in Chialpi nei ding a Evan Upa T Damkhotang in Pathian thutak gen ding, chialpi lohching leh gahsuh ahihna ding in thumpih ni.

20 NINGANI: March 20-23 sung PCI(R) Mualkoi in Nungzuihna Chialpi nei ding a, Evan Upa Lianding Guite thugenpi in pang ding. Chialpi lohching ahihna ding in thumpih ni.

21 SINTAWPNI: Partnership a Pathian mission i sepkhawmpih; IEM, FMPB, SIM, WEC leh OMF te ziak a kipahtu gen in, sepkhawmna manpha leh gahsuh ahihna ding in thum ni.

22 KIGINNI: Pathian in A thu sinna ding Grace Bible College honpiak ziak a kipahtu gen in, college a sem, Principal leh a seppihte banah naupangte a ding in khalam vualzawl ngen in thum ni.

23 NIPINI: March 24-26 sung BCD New Lane in Hotdamna Chialpi nei ding a, Evan Upa Lianding Guite thugenpi hiding, chialpi lohching ahihna ding in thumna ah phawk ni.

24 SEPPATNI: March 24-29 sung EBCC Mission Compound in Solfa, Keyboard leh Guitter sinna hun zang ding a, Thangbiaklal Valte, Music

Promoter in sinsak ding, thumna ah phawk ni.

25 SEPNAWNNI: Division 9 i neihte a DS-ten kizen leh feltak a ma honkaih theihna ding uleh Office nei nailouten a hon neih baih theihna ding un thum ni.

26 NILAINI: Manipur Board nuai a Pawl 12 ekzamna tuni in zouta ding uh, kipahtu gen in, result a huntak a suah ahihtheihna ding in thum ni.

27 NINGANI: EBC Headquarters, Dorcas Hall a semtute ziak a kipahtu gen in, amauten Pathian lau leh zahtak kawm a, A deihna banga honsep zomzel theihna ding un thumpih ni.

28 SINTAWPNI: March 28-30 sung ZBC Mizoram Gambup Khawmpi, Vapar ah om ding a, Evan Upa T Damkhotang thugenpi in pang ding. Khawmpi lohching leh gahsuh ahihna ding in thumna ah phawk ni.

29 KIGINNI: March 29-30 sung Thanlon Division Tuailai Khawmpi, EBCC Bukpi ah omding a, Rev K Kamchinkhup, GS thugenpi in pang ding. Khawmpi lohching leh gahsuh ahihna ding in thumna ah phawk ni.

30 NIPINI: NDPN nuai a minkhum, sepna tuamtuam neite leh training lelte ziak a kipahtu gen in, amauten Pathian Lalgam kekletna ding a pan hon lakzom zelna ding un thumpih ni.

31 SEPPATNI: March khatop hon pitung i biak Pathian kiang a kipahtu gen in, nam leh gam chidam hon piakna ding in thum ni. ■

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